

Bedale Community Meals on Wheels

Bedale Community Meals on Wheels is dedicated to providing and delivering hot nutritional food to those requiring support.

We are a voluntary organisation of committed locals who organise, cook and deliver on a not-for-profit basis.

We are devoted to providing this reliable service for as long as is required.

For more information contact:

John Gill

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People Who Use Our Service Say:

"A hot meal with a warm smile"

"It's a real lifeline for me"

"With my disability, Meals on Wheels is a god send"

"You are a breath of fresh air, you're often the only person to call that day"

This leaflet is sponsored by:



Bedale Community Meals on Wheels

A registered Charity in England and Wales
Charity Number 1175010



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*Supported by
Community First Yorkshire*



www.bedalemealsonwheels.co.uk



Our Aim

The relief of those in need by reason of age or disability in Bedale and the surrounding area by the provision of a meals on wheels service to assist elderly and disabled people who are unable to prepare hot, nutritious meals themselves thereby helping them to live independently in their own homes.

What we Serve

Our meal consists of 2 courses delivered to your home in silver foil containers. A standard meal consists of a hot main course of fish or meat with fresh vegetables, followed by a hot or cold pudding or sweet.

Sample Meals

Roast Chicken & Fruit Cake
Lasagne & Cheesecake
Beef Stew & Chocolate Cake

The Meal Service

Using our service is a great way to ensure you have a nutritional and balanced hot meal 3 days a week. Our meals are delivered at midday on Mondays, Wednesdays and Fridays.

Who can receive Meals?

It is often older people who use this service but this kind of support is available for anyone 18 years old or over who live in and around the Bedale area and require help because of sight or hearing loss, physical or learning disabilities or perhaps frailty due to old age. People also recovering from an illness or stay in hospital can receive this service to help them remain independent and to ensure a good quality of life.

Volunteers

Bedale Community Meals on Wheels would not be possible without our dedicated volunteers.

What it Costs

The cost of our 2 course home delivered meal is just £5. This is priced at cost level and as we are a not-for-profit organisation any surplus funds will be used for the benefit of our clients in one form or another.

Honest and Trustworthy

The friendly faces of our volunteers and the few moments we spend with our clients are the true gift of Bedale Community Meals on Wheels.

How to Get in Touch

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