



*Meals on Wheels*

Bedale Community Meals on Wheels is a registered Charity in England and Wales  
Charity Number 1175010

## **Bedale Community Meals on Wheels**

### **Our Aim**

The relief of those in need by reason of age or disability in Bedale and the surrounding area by the provision of a meals on wheels service to assist elderly and disabled people who are unable to prepare hot, nutritious meals themselves thereby helping them to live independently in their own homes.

### **About Bedale Community Meals on Wheels**

Bedale Community Meals on Wheels is dedicated to providing and delivering hot nutritional food to those requiring support. We are a voluntary organisation of committed locals who organise, cook and deliver on a not-for-profit basis. We are devoted to providing this reliable service for as long as is required.

### **PEOPLE WHO USE OUR SERVICE SAY**

"A HOT MEAL WITH A WARM SMILE"

"IT'S A REAL LIFELINE FOR ME"

"WITH MY DISABILITY, MEALS ON WHEELS IS A GOD SEND"

"YOU ARE A BREATH OF FRESH AIR, YOU'RE OFTEN THE ONLY PERSON TO CALL THAT DAY"

### **What we Serve**

Our meal consists of 2 courses delivered to your home in silver foil containers. A standard meal consists of a hot main course of fish or meat with fresh vegetables, followed by a hot or cold pudding or sweet.

### **What it Costs**

The cost of our two course home delivered meal is just £5. This is priced at cost level and as we are a not-for-profit organisation any surplus funds will be used for the benefit of our clients.

### **How to Get in Touch**

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